

# PARANORMAL UNDERGROUND®

Volume 16, Issue 2

February 2023

MICHELLE WELCH

Psychic Medium,  
Death Doula & Author

HAWAII'S  
MOST HAUNTED  
HOUSE

Inside the  
Oman House

The Legend  
of the  
SNALLYGASTER

INTRO TO  
TAROT

## ALSO INSIDE:

'KNOCK AT THE CABIN' HERALDS THE END OF THE WORLD

STRANGE EXPERIENCES WITH 'TIME'

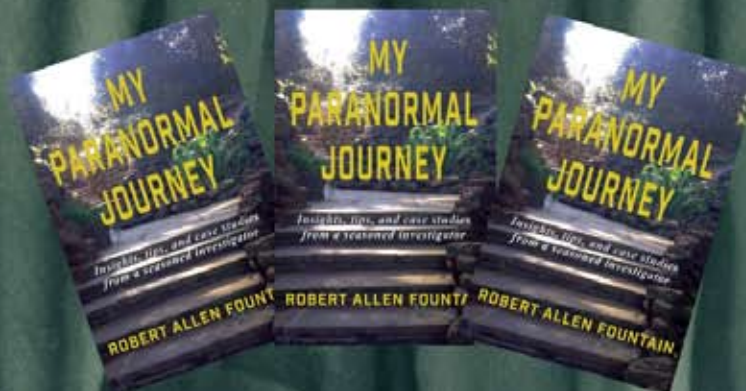
SEPTARIAN NODULES ... AND OTHER COOL CRYSTALS

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### CHERYL LYNN CARTER

Cheryl is a psychic medium, remote viewer, freelance journalist, and member of Project Psi, a team of psychic and forensic remote viewers responsible for rescuing missing children, assisting with shutting down human-trafficking rings, and closing cold case murders. To date, they have rescued 502 children, closed 18 cold cases, and assisted in shutting down 12 human-trafficking rings.



Having her first paranormal experience at a young age built the foundation for her becoming an explorer of high strangeness and a researcher. Her passion for one haunted location afforded her the opportunity to appear and consult in Chris Halton's Haunted Earth Para Documentary *A Haunting at Bachelors Grove*, which is one of the most haunted cemeteries in the Midwest.

She is a member of MUFON, CE-5, and an experimenter. She served as a consultant for Thomas Conwell's books *They Are Here: Central U.S. UFOs* and *Earthquakes and UFOs*. She is an international author of several books, including *Dimensions: Mysterious Triangles of the U.S.* and coauthor of *Digging Into Skinwalker Ranch* and *Skinwalker Ranch: The Basin Files*.

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Karen holds a bachelor's and master's in metaphysical science from the University of Metaphysics and a Ph.D. in metaphysical parapsychology from the University of Sedona. She is an ordained minister/metaphysical practitioner with the International Metaphysical Ministry and a Usui Reiki Master/Teacher. She has completed courses in energy healing, including quantum touch, crystal healing, sound healing, and aromatherapy.

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### WILLIE WINDWALKER GIBSON

Willie is a shaman and supernatural consultant. He works by himself, as well as with his wife, Schmon. He belongs to the Paranormal Clergy and Dominion Ministries. Willie is the author of two books detailing his 50-year journey in the paranormal, *The Shaman Windwalker* and *Soul Warriors*.



Willie has appeared on A&E's *Cursed: The Bell*

*Witch* and CMT's *Most Shocking Ghosts*. He also hosted a public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. In addition, he created a group of sensitives, called Soul Warriors, who are based across the U.S.

### PHILIP KINSELLA

Philip is the author of several UFO and spiritual books and has written countless articles surrounding UFOs, consciousness, and the afterlife. He lives in Bedfordshire, England. Philip began his investigations after an alien abduction he'd experienced in winter 1989 and has spent the rest of his years exploring alternate theories surrounding both UFOs and alien contact, as well as psychic phenomenon.



In 1996, Philip published an article in *Alien Encounters*, entitled "Spirits in a Material World," that created some controversy with regards to his theoretical assumptions surrounding what a certain faction of the Greys may represent. He has lectured on the subject and has appeared on national television. Philip also co-hosts a radio program run by the Paranormal UK Radio Network called *Twin Souls*.

Philip's book *YOU - The Public Deceived: The Grand UFO Deception* is now available on Amazon in paperback, hardback, Kindle, and audiobook formats.

### CHERYL KNIGHT-WILSON

Cheryl is co-creator and editor-in-chief of *Paranormal Underground* magazine, cohost of the *Mindful Mystics* podcast, and producer of *Paranormal Underground Radio*. She has more than 30 years of experience as a professional writer and editor and has written articles on topics ranging from advanced technology to paranormal phenomena.



Cheryl's previous magazine experience includes roles as senior and managing editor for several niche publications and online media.

paranormalunderground.net

### MORGAN LINEBERRY

Morgan is a graduate from the University of North Carolina in Greensboro where she obtained a bachelor's degree in English. She loves to write and maintains a healthy fascination with all things paranormal thanks to experiences with the unexplained that she has experienced throughout her life.

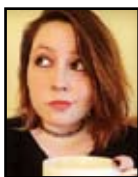


Morgan knows a little bit about a lot of paranormal topics from research she has conducted. She pledges to keep you up to date about things that go bump in the night via *Paranormal Underground's* monthly news column.

#### KELSEY CHRISTINE MCCONNELL

**K**elsey received her bachelor's degree in television and film production from SDSU in 2016, as well as her MFA in musical theatre writing from NYU in 2018. When she's not writing for Open Road Integrated Media, she uses most of her free time for napping, writing her own novels, and snuggling with her dog. She's a co-host of the movie review podcast *The Movie Broads*.

[themoviebroads.com](http://themoviebroads.com)



#### ATHENA PERRAKIS, PH.D.

**A**thena is the founder and CEO of *SageGoddess.com*, a source of sacred tools and metaphysical education. She earned a doctorate from the University of Southern California in educational leadership and has 15 years of experience as a professor, corporate trainer and consultant, and educator. Athena's metaphysical experience includes expertise in gemology, astrology, tarot, aromatherapy, Reiki, and herbal medicine.

Through her writing, online courses, and material offerings, Athena helps others cultivate and maintain sacred space in their lives for peace, healing, and abundance.

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**R**ainbow is a paranormal, abductee, and Cryptid researcher along with her husband, Michael. She is an experiencer herself, dealing with paranormal phenomenon since childhood. The silk road of life has led Rainbow in many directions: cowgirl, medicine woman, gypsy, belly dancer, and truth seeker. All directions have paralleled each other, finally coming together in Rainbow's articles, research, and blogs.

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As the founder and publisher of *The Next Truth* and *Young People Science* magazines, Maria Anna profiles open-minded scientists and non-scientists who combine accepted science and the still-unexplained events in life within their work and research.

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#### IAN WHITE

**I**an is a journalist, author, and screenwriter. He is currently writing a novelization of the horror film *Another* and has a feature screenplay in development that is loosely based on H.P. Lovecraft's *The Dreams in the Witch House*. He lives in the U.K. and helps run the copywriting agency Front Page Media, along with his magical feline familiars, Jinxy and Pyewacket.

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#### CHAD WILSON

**A** freelance writer, Chad is co-creator and publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of *ParanormalUnderground.net*.

Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, Brushy Mountain State Penitentiary, and private residences among his investigations.

[paranormalunderground.net](http://paranormalunderground.net) ♦



### Have You Had a Paranormal Encounter You'd Like to Share?

**I**f you've had a paranormal encounter and would like to share it with our readers, email us at [paranormalunderground@live.com](mailto:paranormalunderground@live.com). Tell us about your experience, and we may publish it in a future issue.

We are looking for encounters with all types of paranormal phenomena, including experiences with ghosts, cryptids, UFOs/ETs, the spirit realm, psychic phenomena, etc. Your submission can be anonymous!





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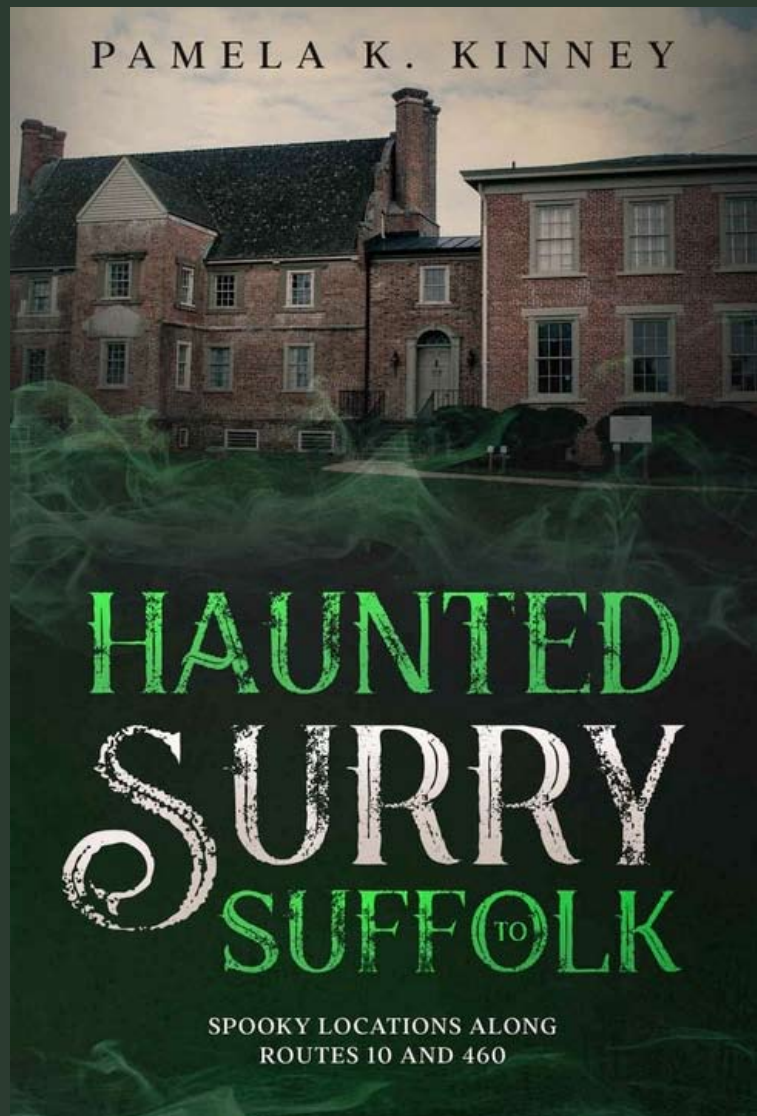
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# ANGRY GHOST, GIANT IN MEXICO & NORTH CAROLINA NESSIE

BY MORGAN LINEBERRY

## ANGRY GHOST LURKS IN U.K. TUNNEL

**T**he notorious Cadeby Tunnel in Doncaster, U.K. was recently visited by “Yorkshire Ghost Guy” Andy Pollard. And the visit revealed some spooky results, according to *Mirror* writer Anthony Thrower. A child, who was killed at the site after being hit by a train, reportedly haunts the tunnel.

While investigating the site, a disembodied voice supposedly told Pollard to “f\*ck off” before also telling him that it was “trapped.” If I was a trapped spirit, I think I’d want help, but this particular spirit seemed to just want to be left alone.

A previous visit to the location by Pollard yielded even creepier results, with a voice asking, “Is my baby there?”



## NORTH CAROLINA NESSIE

**M**y home state of North Carolina is making the news (both here and in the actual news) with a tale that is fishy, yet true, according to Mark Price of *The News & Observer*. A video taken along the North Carolina coast shows a strange creature that seems to be a mixture of animals.

The “creature surfaced with a sputter of air, then began slithering like a snake — with an alligator-like head sticking out of the water,” Price stated. The creature was said to have resembled a fish, an eel, and an alligator.



Could North Carolina have its own version of Nessie or Champ lurking just offshore? I hope more images and video emerge of this creature so we can unravel the mystery.

## FIREWORKS AND A UFO

**S**ometimes I think aliens come here to sightsee, and this story may be proof! Onlookers saw more than fireworks this New Year’s Eve in San Antonio, Texas, according to *My San Antonio* writer Sarah Martinez.



“A number of local residents took to Reddit over the weekend to discuss a possible UFO sighting,” Martinez wrote. The footage clearly shows some sort of objects in the sky. Could these be alien spaceships coming to see what those sparkly lights were?

Once the UFOs were pointed out, many people jumped in with their own explanations, such as drones and helicopters. “Another local resident, who goes by u/wrldhulk on Reddit,” posted their own Ring camera footage of the San Antonio UFOs.

I personally like the idea that aliens might just enjoy a good fireworks presentation!





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& Healer*



**Karen Frazier**  
*Author, Psychic  
Medium & Healer*

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## GHOSTLY DOG WALKER

I have always felt that if an animal isn't afraid of an entity, then it isn't dangerous. But that didn't prevent Matthew Kane from being spooked by ghostly security footage at his home, according to Eleanor Wood Bowyer and Reanna Smith of the Mirror.



Matthew and his wife, Lauren, who live in Australia, believe they "may have captured the 'ghost of a family member' trying to 'walk their dog' from beyond the grave." The footage, captured January 14, "shows a pale figure appear out of their old antiques cabinet and walk 'with purpose' alongside their" Australian Shepherd. It looks as though someone or something just wanted to take their dog for a walk, and the dog seemed OK with it!

## BIGFOOTS ... OR GIANTS IN MEXICO?

Two separate videos taken in Mexico during 2022 seem to show a similar creature ... and all I can say is that it is huge!

Tim Binnall of Coast to Coast AM explains that "the strangeness started ... when a TikTok user uploaded footage of an enormous entity walking along a hill in the city of Tlalnepantla."



This spurred an older video to resurface that was taken by a trucker earlier this year and appears to show

the same creature. Witnesses are suggesting the creature may be Bigfoot, which is plausible, but to me it looks more like a giant humanoid and not as hairy and stocky as Bigfoots usually do. What do you think?


## UFO COLD CASE: NEW INFO ON 1966 SIGHTING

Tobias and Emily Wayland of The Singular Fortean Society have uncovered new information about a UFO sighting during summer 1966 in Aiken, South Carolina, thanks to one eyewitness who decided to provide more details on the old case.



The anonymous witness explained that the UFO was spotted by himself (when he was 14 years old), his "dad, mom, brother, sister, and an uncle who had 200-plus flying hours and who knew the people at the Aiken Airport, which was adjacent to the Army Radar Station." The man's uncle quickly got in touch with the Radar Station to ask if anything had been picked up on radar. But nothing had.

Project Blue Book and the local police department found out about the case, but the man was hesitant to step forward until now for fear of the "problems" it would cause him. The multicolored, pulsating object remains a mystery to this day, but all evidence suggests that it was indeed a UFO of alien origin. ♦



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# ‘KNOCK AT THE CABIN’ HERALDS THE END OF THE WORLD

By Kelsey Christine McConnell, The Lineup

A flurry of excitement hit Twitter last June when word began to get out that the latest film director M. Night Shyamalan was working on was actually an adaptation of Paul Tremblay’s acclaimed book *The Cabin at the End of the World*. This pulse-pounding film premiered in early February, and for those who haven’t seen it yet, make sure to check out the thrilling trailer [linked here](#).

Tremblay’s novel was first published in June 2018 and took home the Bram Stoker Award in 2019. The story follows a small family — seven-year-old Wen and her fathers, Eric and Andrew — as they take a vacation in New Hampshire, tucked away in a secluded cabin.

Tension builds as young Wen meets the towering Leonard as she plays outside. He’s friendly enough, but his sudden apology is ominous: “None of what’s going to happen is your fault.”

With the arrival of three more strangers, their quiet getaway is invaded with the promise of an apocalypse only they can stop. This loving family must choose to make an impossible sacrifice to save the world.

The film adaptation stars Jonathan Groff as Andrew, Ben Aldridge as Eric, Kristen Cui as Wen, Dave Bautista as Leonard, Rupert Grint as Redmond, Nikki Amuka-Bird as Adriane, and Abby Quinn as Sabrina. This collection of talent — paired with Shyamalan’s unique visionary style — is sure to compliment Tremblay’s masterful story. And it seems that some movie reviewers agree, with one saying that the film “stands among Shyamalan’s most confident film.”

Here are a few more reviews:

“M. Night Shyamalan adapts an acclaimed apocalyptic horror novel, *Knock at the Cabin*, with satisfying results. ... This is strong stuff from a director who, like his stuff or not, has a decidedly singular point of view and vision for his work.”

— Don Kaye, Den of Geek

“Preposterous yet gripping, *Knock at the Cabin* has a wildly dark premise: A tight-knit family must sacrifice one of its members in cold blood or the world will end. It’s an



apocalyptic dilemma that requires a suspension of disbelief — a whopping helping of disbelief — but the movie is still a taut, well-acted thriller.”

— David Lewis, Datebook

“Claustrophobic, brutal, and suspenseful, this horror-thriller is going to have you on the edge of your seat the entire time, not only questioning what is real, but also wondering when the big twist Shyamalan is known for will come. But regardless of the twist, from five minutes into the film and until the last frame, Shyamalan has you in the palm of his hand.”

— Lauren Bradshaw, The Farmville Herald

“*Knock at the Cabin* continues M. Night Shyamalan’s trend to make tight, claustrophobic horror films. ... [It] felt a lot like 10 Cloverfield Lane, since both were claustrophobic, locked-room films with an apocalyptic edge. ... Shyamalan plays to his strengths with *Knock at the Cabin*. He knows how to make creepy, tense films, and *Knock at the Cabin* was creepy and unsettling. It had an atmosphere of dread, both on personal and global levels.”

— Kieran Freemantle, Pop Culture Maniacs ♦





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# MICHELLE WELCH

*Psychic Medium, Death Doula, Author & Licensed Attorney*

By Cheryl Knight

As a licensed attorney practicing criminal and civil law, a mother of five, and a psychic medium, Michelle Welch can't remember a time when she didn't have psychic abilities.

She was born and raised in Longview, Texas, in a religious family of four, and because of her spiritual childhood, she always had a relationship with angels, God, and other spiritual beings. She believes that thought forms are spirits that develop from strong, focused energy.

"The thought form can be anything that takes on energy of its own, from a movie character such as Harry Potter to one created by an individual through strong emotional energy," Michelle said. "Thoughts really do create reality."

Michelle received her BBA degree from Texas A&M and attended Baylor Law School to become a licensed attorney. She also works as a death doula and authored the books *Spirits Unveiled: A Fresh Perspective on Angels, Guides, Ghosts & More* and *The Magic Connection: Stop Cutting Cords & Learn to Transform Negative Energy to Live an Empowered Life*.

"People may see spirits differently. We see things through our experiential filters," Michelle said. "Angels are a perfect example. Most are depicted with wings, but many are beginning to see them as hybrid humans or even hybrid aliens. Remember at the core of every spirit and everything is energy. It can manifest in different ways."

Michelle hosts the podcast *SoulWhat* and *Tarot Takeaways*, a SoulTopia Instagram series. She also is the owner of the Northwest Tarot Symposium and The International Divination Event.

*Paranormal Underground* magazine recently spoke to Michelle about her psychic abilities, including how she utilizes them in daily life and work.

\* \* \* \* \*



**In Michelle's spare time, she enjoys fishing, reading, writing, and training to be a death doula.**

**Q: Please tell us about yourself!**

**Michelle:** If I chose three words to describe myself (and three is difficult), I would most likely say loyal, skeptical, and psychic. These three adjectives pretty much sum up who I am and my purpose. I must admit that I am very driven, but I get bored easily so perhaps that is why.

There are many spiritual books written by people who are still being held as the correct answers to spiritual matters. I believe many of those were way makers to open up the path for the paradigm now. Many of the things they wrote are, in my opinion, old paradigm and some



even rise to the level of spiritual abuse. This is an example of my soul's purpose — loyal to truth, skeptical of spiritual teachings, and straight up psychic.

**Q: When did you first realize you had psychic and mediumship abilities?**

**Michelle:** What was it like at first? I can't recall a time when I didn't have psychic abilities. I think the most shocking revelation to me was when I realized around six years old that not everyone was like me.

For example, I just assumed other people could smell what I learned was cancer or that everyone saw spirits. Children tend to blurt out what they see. It didn't take me long to begin keeping my mouth shut.

**Q: Can you describe how you experience your abilities?**

**Michelle:** I experience my abilities in all types of ways. I know, and try to teach others, that you can use any tool you find to help with your abilities. It is just a matter of setting your intention and going for it.

I utilize the clairs (French for clear) at different times:

- Claircognizance: knowing things but not being able to explain why you know it.
- Clairvoyance: seeing things with your physical eyes or mind's eye (third eye).
- Clairsentience: feeling things (close to empathy).
- Clairtangency: by holding on object or touching something.
- Clairgustance: tasting something when nothing is in your mouth or nearby.
- Clairolfactory: smelling something when nothing is in your mouth or nearby.

**Michelle was born and raised in Longview, Texas, in a religious family of four. Because of her spiritual childhood, she always had a relationship with angels, God, and other spiritual beings.**

**Q: Did you ever struggle with accepting your psychic abilities?**

**Michelle:** I do now more than I used to, because I know things that I don't necessarily want to know. People who are in my inner circle recognize the struggle I have knowing information and not necessarily being able to do anything with that information.

When I know someone is ill, I consider it unethical to give medical advice because I'm not a doctor. Yet I've had numerous instances where I've told someone to "go see a doctor" — my way of saying you are ill. I have had numerous clients over the years find me after not taking my advice and then regretted it.

But I can't try and convince someone I'm psychic because it's awkward. However, I regret the times I didn't emphasize the importance of listening to my channeled information.

**Q: What support system did you turn to after you realized you had psychic abilities?**

**Michelle:** I did not have a support system for my abilities, since I grew up in a religious





**Michelle has appeared on CBS News, *The Jenny McCarthy Show*, *Coast to Coast AM*, and many more.**

home. I learned at an early age to keep my mouth shut. This is why one of my purposes is to help people have a support system.

**Q: Because of your spiritual childhood, you've "had a relationship with angels, God, and other spiritual beings." Can you tell us more about this?**

**Michelle:** I grew up in a strict religious home. It was hard for me to reconcile the things I knew intuitively with the things I was taught. My upbringing helped me realize there are other beings; however, the information I received was often thought of as evil.

It was hard to strike a balance between what I was told to believe and what I knew and experienced based on my psychic connections. I have found that spirit beings will often reveal themselves in a way you are comfortable with receiving until you are ready to level up.

For instance, since I was raised in a religious home, I

saw angels. But now I see angels that are alien in nature, because I am ready to become aware of more than my limited conditioning.

**Q: As a licensed attorney, you use your intuitive and psychic abilities on high-profile court cases. Can you give us a few examples of this in action?**

**Michelle:** In my most recent book, *Spirits Unveiled*, I describe how spirit beings will approach me sometimes out of the blue. In one such situation, I was reading for someone about her deceased friend and brother. But, all of a sudden, another soul made herself known.

As it turns out, the girl had been murdered but they could not locate her body. I learned later that the person I was reading for was very involved with the family and search party. I was able to deliver the message that the deceased did not want to be found because she liked that her family was pulling together in the search.

However, I was also given information that they were not searching far enough north for her body, which was ultimately the case.

**Q: Tell us about your podcast, *SoulWhat*, and *SoulTopia* Instagram series, *Tarot Takeaways*.**

**Michelle:** *SoulWhat* is a podcast that intends to show through our guests how every person in different areas of life use their intuition.

*Tarot Takeaways* has the experts in tarot discuss a card a week. The listeners are involved, which makes it a fun and interactive way to learn about tarot from the best in the business.

**Q: What should our readers know about the Northwest Tarot Symposium (Portland) and The International Divination Event (Dallas).**

**Michelle:** These two conventions bring together the top authors and practitioners in the field in order to help others learn. We strive for education, community, and an enjoyable experience.

We also have a psychic fair with local and out-of-town vendors. It is a great way to learn from the best in the field of metaphysics or divination.

**Q: You're currently training to be a death doula. How do your psychic abilities impact your work in this area?**

**Michelle:** I decided to study death so that I could show more compassion for those dealing with grief. Because I speak to those who have passed, I know they are OK, but



I want tools to show more empathy because most people don't see death the way I do.

I didn't plan on becoming a death doula, but the class caused me to rethink that. At the very least, I have definitely changed my mind about how we should handle our loved ones after they die. Natural burials are much more appealing to me now. I will not be embalmed, because it is not required and not necessary.

A body three feet under can truly reintegrate with nature. But a body six feet under takes much longer to return to nature. I am still working on genuine responses to convey what I see. The loved ones are with us, not in some different realm or dimension. It's a matter of adjusting our frequency to get in touch with any spirit.

**Q: What inspired you to write your books, *Spirits Unveiled* and *The Magic Connection*?**

**Michelle:** Overall what inspires me is the need to counter what I see as a lot of oft-repeated rhetoric that seems to become accepted blindly. Remember, I said I'm a skeptic. I think there has been harm done in spiritual circles.

I challenge my readers to think for themselves. I am an energy shifter. I move and mold energy and teach others they can do the same. People "see" things with their physical eyes, such as an angel, that shows up in physical form. The other way to see a spirit is to sense it. You know in your third eye or mind's eye what you see and sense.

**Q: What's most important for our readers to know about psychics and psychic abilities?**

**Michelle:** The most important thing to know is even though possibly everyone can be psychic to some extent, some are naturally born with these abilities. Everyone can sing, but some people have perfect pitch and a beautiful tone. This is the same with psychics.

I do not believe there are as many psychics as people claim. It is rare, and it can be a serious burden. However, *Spirits Unveiled* will teach you how to get in touch with spirits and how to protect against them if you decide you don't want them in your cosmic dance of life.

**Q: What would our readers be surprised to find out about you?**

**Michelle:** I have five children that have moved into their own homes, so now my family jokes that I run a hostel because I let teenagers who need a home live at my house. Yet, as an energy shifter, I really must mind my own energy.

I have had several ex-boyfriends die within a day or so of them saying something to me that made me angry. I believe my energy is strong enough to cause consequences



**Michelle is the owner of the Northwest Tarot Symposium and The International Divination Event.**

that I don't necessarily intend. My anger is dangerous, because my intention is not to harm anyone.

I convey this only because I want everyone to know they can be psychic. They can mold energy. But no one should be careless with their energy. I call this minding your own energy before you blame others. Get your side of the street clean before you assume someone is doing something to you.

**Q: Where can our readers find your books?**

**Michelle:** My books are available through SoulTopia, Llewellyn Worldwide, Amazon, and where most books are sold.

\* \* \* \* \*

Find out more about Michelle Welch at [MichelleWelch.com](http://MichelleWelch.com), [Facebook](#), [Instagram](#), and [YouTube](#). ♦

# A PARANORMAL LEGACY

## IN MEMORIAM: ROBERT ALLEN FOUNTAIN

### (1947–2023)

By Cheryl Knight

I first met Robert “Bob” Fountain about 10 years ago when we corresponded about his work investigating the paranormal. He founded Spectral Tech Investigations, which investigates in Memphis, Tennessee, and the surrounding area.

Bob offered to share his experiences investigating the paranormal, and he soon became a long-time writer for *Paranormal Underground* magazine. We quickly became friends. You know when you meet someone for the first time and you feel like you’ve known them forever? That’s what meeting Bob was like.

Bob passed away on January 31st in his sleep after dealing with a long-term illness. I had spoken with him on many occasions about the challenges he faced while battling his diagnosis, as well as his outlook on dying and death. He wasn’t afraid of death. In fact, you may have read his article in this magazine in the July 2022 issue, titled “Does Death Scare You?” His ultimate conclusion was: Death SHOULD NOT scare you.

Bob was open about what he was going through and his opinions on dying and death. But why devote an entire “Special Report” to Bob? Because of his immense impact on just about every person he encountered, as well as the paranormal community at large. And did I mention that Bob wrote almost 50 articles for this magazine over the past decade?

He also appeared on and guest hosted for our *Paranormal Underground Radio*, *Intention Is Everything*, and *Mindful Mystics* podcasts. Bob’s magazine articles always went outside the box ... far outside the box. He was a free thinker who knew there was much more to this world and beyond than we could ever imagine. Some of Bob’s recent article titles include:

- Aug. 2021: “Are Paranormal Investigators Asking the Right Questions?”
- Aug. 2020: “Do ETs Go to ... Heaven?”
- Dec. 2019: “Investigating Unseen Realities”



**Bob earned bachelor’s degrees in organizational management from Tusculum College and metaphysical sciences from the University of Metaphysics.**

After reading one of Bob’s articles, I’d spend a lot of time thinking about the questions he asked and the theories he presented. And that’s what this field is all about: questioning, learning, understanding, and growing. And that’s what Bob elicited from those around him.

I had the pleasure of conducting a paranormal investigation with Bob at Bobby Mackey’s Music World in 2016, where he enthusiastically shared his knowledge about paranormal investigation methods and offered the use of his equipment to us without hesitation.

Back when I first met Bob, he said, “I will continue to enjoy the magazine and will be a subscriber until you quit publishing or I become a spirit ... whichever comes





**Pictured above at left, Bob (center) investigates Bobby Mackey's Music World with friends.  
Above (right), Bob works with his Spectral Tech co-investigators.**

first." That was Bob's sense of humor: playful, witty, edgy. His analytical and open mind always inspired me, and his work in the paranormal field provided those around him with wonderful insight and unconventional thinking.

Bob's long-time career as a special projects manager primarily involved in process engineering is evident in his articles, as he consistently presented documented case studies with both an analytical approach and empathy. In fact, in Bob's own words, "Seeing people's realizations and fears over the years has instilled in me an empathy for those whose lives are often changed forever by their encounters with the unknown."

Bob's journey with the paranormal began in earnest about 50 years ago after he left the Navy and moved into a rented duplex. Immediately upon moving in, he experienced significant paranormal occurrences. Those experiences led Bob to become actively involved in the study of different paranormal phenomena, and over the next five decades he researched and investigated paranormal activity as much as possible. He eventually co-founded Spectral Tech with the mission of helping people find answers while educating them about the paranormal in the process.

I am a better person for knowing Bob, and I will miss talking to him and reading his articles. While Bob's physical presence may be gone, his legacy as a person and paranormal investigator will be with us forever.

In fact, Bob was extremely proud to have just published his book, *My Paranormal Journey: Insights, Tips, and Case Studies From a Seasoned Investigator*. It's a compressive look at the paranormal, from how to start and effectively operate a paranormal team to compelling paranormal case studies, as well as a look at "metaphysical musings."

From chapters on how to develop a paranormal team, picking your investigative gear, and basic investigating tips to chapters documenting more than 20 paranormal investigations, including Waverly Hills Sanatorium, Rosaliene Planation, and the house on Curl Road, his book is an entertaining and engaging read for both the paranormal expert and paranormal novice.

Bob's book also touches on metaphysical topics, including near-death experiences, questions about the soul, and other spiritual subjects. I encourage you to pick up a copy and read it from cover to cover.

Thank you, Bob, for everything you've done to further the paranormal field ... and for being a friend.

Here are some additional insights from Bob's friends, including a very important message he wanted everyone to know about death ...

### **Insights From a Transitioning Soul — by Karen Frazier, Intuitive Energy Healer**

Bob called me several months ago, as he would from time to time. Normally, we'd discuss a case he wanted me to consult on, and that conversation would eventually meander into our mutual love of Reiki, energy healing, and topics about human souls, spirit, and beyond.

So, when I saw it was Bob and answered my phone, that's what I expected we'd be talking about. Instead, after a greeting, Bob said in a very quiet and weak voice, "I'm dying, and I wanted to reach out to you to thank you for all you've been in my life."

Then he told me of his cancer diagnosis, his recent struggles with his Parkinson's disease, and his worry for his wife's well-being after he was gone.



**Bob with his wife, Clare.**

What he didn't say was that he was afraid to go. In fact, it was quite the opposite. We talked about being ready to die and how he had been preparing for that energetically. Bob was at peace. He was looking forward to his next adventure and his experience in the afterlife as eternal energy after spending a lifetime as Bob, researching what was on the other side. He was ready to find out. He was ready to remember.

We also talked a little bit about the preparations one takes before dying — how to tie up loose ends and leave with resolution. We discussed the five conversations to have with someone dying or when you're dying yourself.

1. Thank you.
2. I love you.
3. Please forgive me.
4. I forgive you.
5. Goodbye.

Doing so leaves both parties resolved — there's nothing left unsaid in the relationship, and there can be peace instead of pain as a soul transitions away from embodiment and returns Home.

And Bob would be happy I was telling you that. Because we talked about that too — what he wanted his legacy to be. That he wanted to go with grace and nothing left unsaid, and that he wanted people to know from his energy and example that death wasn't an ending or a terrifying experience.

Bob would want you to know that death is the beginning. It isn't the end. That it's a celebration — not a time

of sorrow. I know because he asked me to tell you that before he left, and now I am. Because it's what Bob wanted YOU to know as he prepared to return Home.

### **Thought-Provoking Conversations — by Josh Morris, *The Everything Paranormal Show***

My wife and I met Bob almost four years ago at the Outer Realm Fest in Harriman, Tennessee. We immediately formed a bond and became good friends as we discovered many similarities between us. One of those, for example, was that Bob and I were both "Yankees" married to a "passionate" Southern woman.

He became a regular special guest on my show and even held a spot on the Paranormal Council. When he wasn't on the show, he was in the chat being the one asking the tough questions to all the guests.

Bob always loved a good conversation, but he wanted to make sure you weren't full of hot air. He would always find a question that would challenge the way you thought about certain topics. I think it was his way of testing you and keeping you on your toes. His sense of humor was often on the dark side, but that's how we loved it. We could always count on Bob to not let something slide by.

Even off camera, Bob was the same person through and through. I remember quite a few conversations we would have on the phone talking until almost 2 in the morning about paranormal theory and the industry.

Over the three-plus years, he became an honorary member of the family as his regular presence was always expected and welcomed. Between his passion for "by the book" paranormal investigations, sense of humor, and thought-provoking conversations, he will be missed. Love you, Bob.

### **A Mentor Who Will Never Be Forgotten — by Tara Finley, *Paranormal Investigator***

When I was younger, I was absolutely obsessed with the paranormal. Whether the topic of conversation turned to cryptids, aliens, or ghosts, my ears always perked up! When my mom called me on her way home from work one afternoon to tell me that she had just met a man who did regular spirit investigations, I knew I had to meet him.

She told him that her daughter had always been very interested in the paranormal, so he offered to do an investigation of my mom's antique store and invited us to tag along. I don't believe I have ever been so excited to meet someone in my entire life!

The night of the investigation, I finally met Mr. Bob Fountain. He told us about his previous experience in the Navy, where he was told by his superiors to keep quiet about their UFO encounters on the ocean, and about



all of his investigative experience with spirits and EVPs, which he was very proud of! And, finally, he taught us all how to protect ourselves while investigating.

As I sat at the table with Bob, I reveled in his stories and drank in as much information as he had to offer. He felt like an old friend who I had finally been able to catch up with. We talked for a couple of hours about our experiences, and after giving our small group a pep talk about things not to do while investigating, he graciously offered us boxes of his own equipment to use as we searched around the antique store. Once we finished our investigation, he packed up his things and talked with us for a while longer, then headed home to analyze our findings.

After meeting Bob that first time, I knew we would be great friends! He loved to talk just as much as I did about anything paranormal and about life in general.

He loved to laugh and joke and take us out for a bite to eat after leaving an investigation. He always invited me to go to paranormal festivals with him, where he helped me meet and network with other people in the community so that, hopefully, one day I could have a team and a following of my own.

He gifted me with my first K-II Meter and always encouraged me to trust my senses. He was very generous with his equipment and his knowledge, and he absolutely loved to share his experiences.

Bob had me hooked after that first investigation. And, because of him, I got to do things I never thought I'd be able to do. He was talented and funny, kind and generous, and eager to share his passion for the paranormal with anyone he met.

He was the most wonderful mentor, and I will never forget everything he has done for me. He believed in me, and I was lucky to know him. I'll miss the smell of his cigars, but something tells me I'll be smelling them again every now and then when he comes for a visit!

### **A Beautiful Soul — by the Spectral Tech team**

Bob was truly a unique individual that had a passion for knowledge. He loved to have those hard conversations that made you ponder what you truly believed versus what you thought you believed.

He had a creative way of making you second guess yourself. And if he could make you laugh during the conversation, then even better. Laughter was his true gift.

We lost a beautiful soul, but we know he's still here and pranking us every chance he gets!

### **The Gun Show — by Chuckie G, Paranormal Investigator, Educator, and Psychic Medium**

I had the pleasure of co-hosting a show with Bob on



**Bob recently published his book, *My Paranormal Journey: Insights, Tips, and Case Studies From a Seasoned Investigator*.**

*Paranormal Underground Radio*. I won't ever forget how fun that show was. We talked about poltergeists, psychic experiences, and other intriguing topics. In fact, Bob tried to set me up on a date during the show. He really did! There was never a dull moment with Bob around!

Bob was a lot of fun. In fact, one of my fondest memories of Bob was our running contest on who's "guns" (biceps) were bigger. We would even send pictures to each other, teasing each other about it.

### **The Next Leg of the Journey — by Chad Wilson, Paranormal Underground magazine publisher**

I knew Bob for a decade and considered him a good friend. The amount of respect I have for him is immeasurable. He gave a new meaning to being a "standup guy." And his knowledge as a person and a paranormal investigator was awe-inspiring. What struck me the most about Bob was his commitment to what he believed in and how much he cared for those around him.

He called me and Cheryl before he died, and we talked about the time we had spent together talking on *Paranormal Underground Radio* and investigating the paranormal. We finished the call with an "I love you," because we knew time was limited.

I feel in my heart that someday we will meet again. Godspeed, Bob. I hope the next leg of your journey is just as exciting as this one was. ♦

# INSIDE HAWAII'S MOST HAUNTED HOUSE

BY KELSEY CHRISTINE MCCONNELL, THE LINEUP

To many, Hawaii is known as a paradise. The island state has a long history and rich culture that make it a beautiful and fascinating locale. But did you know that these islands are also known for some pretty intense tales of ghosts?

No tale is more intense than the infamous Kaimuki house in Honolulu. The house once sat on the corner of 8th and Harding. Below it was a foundation made up of lava rock. And while first appearances made the house seem typical in its neighborhood, that couldn't be farther from the truth. While it hosted a number of families and guests, it also happened to be the alleged home of a kasha, a ghost originating from Japanese folklore.

Beliefs about kasha tend to vary, but there are some common threads. While the literal translation of the name is "fire cart," it seems as though "fire cat" might be more apt. These creatures tend to disguise themselves as house cats or strays. Their true form is that of a bipedal creature looming larger than most humans, and, you guessed it, they're ringed in the flames of Hell.

There are some who believe they steal corpses from funerals, cemeteries, and crematoriums to consume them. Others describe them as demons that swoop down from the sky to nab the bodies of evildoers and drag them to hell as punishment. Other times, they are thought to use corpses as puppets.

How does this folklore tie in to the Kaimuki house? The terror began in 1942. After a couple moved into the home, the neighbors grew concerned that there was a domestic violence issue hidden behind closed doors. There were loud slamming noises and crashes heard from next door. But when the police were called to investigate the disturbance, the woman in the house was frantically repeating, "She's trying to kill my children."

The officers entered the home, where they allegedly



**Honolulu's Kaimuki house proves that not all spirits are harmless.**

encountered indisputable evidence of the supernatural. The three children in the house were levitating, being attacked by an unseen force as they were hurled across the room. This vicious attack supposedly began when a young boy smelled something he identified as the "odor of ghost," which sent the kasha into a fury. The scuffle was later detailed in the local paper.

Three decades later, three young women shared this haunted home. Their ordeal began with strange noises, escalated to uncomfortable physical sensations, and quickly turned deadly. The girls fled the home for their own safety, but the invisible presence was not one to be left behind.





tack started all over again. The only thing that brought the terror to an end was the officer dispelling the spirit with water and Hawaiian salt. While this was detailed in the newspaper for a story regarding local hauntings, this tale has yet to be corroborated.

But what was the cause of this oppressive spiritual energy? There are several theories about the origins of this angry ghost, the first of which center on a father who murdered his wife and children in the home. It's said that while the bodies of the wife and son were buried in the backyard, the daughter's remains were never found. Another story follows a couple — two married women — whose marital troubles had devastating results.

When one of these women became involved with a man, her lover found out about her wife and killed them both before taking his life as well.

As they drove away, the woman in the middle seat felt the unseen force strangling her. Officers responded to the commotion, but as one reached into the car to help, he was reportedly stopped by what felt like a large, calloused hand. The invisible hand twisted his arm, prompting him to radio for backup. As the officer herded the rattled woman into his squad car, the vehicle wouldn't start.

After he got the woman back in her own car, the at-

The Kaimuki house was demolished in 2016. A new home now stands on this storied plot of land. But does that mean its horrors are finally at rest, or will the kasha come back once it's been disturbed once more? Or were these stories nothing more than superstition and paranoia? What do you believe? ♦

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# 'SKY CRASH: THROUGHOUT TIME'

## RENDLESHAM FOREST UFO INVESTIGATIONS

By Philip Kinsella

The book *Sky Crash: A Cosmic Conspiracy*, written by Brenda Butler, Dot Street, and Jenny Randles and published in 1984, documented the Rendlesham Forest UFO sighting in Suffolk, England — and the subsequent cover-up.

Brenda, herself, had documented UFO activity long before, as well as after, the famous proceedings had transpired with members of the U.S. military at the Bentwaters military base in 1980, and which put Britain well and truly on the map within the annals of UFO history. However, the case came with a plethora of opinions, and something that still rages to this day.

I teamed up with Brenda in late 2000 after doing some intensive investigations of my own, and under the suggestion of another prominent figure within the UFO community, Peter Robbins.

Brenda had been one of the first on the scene when examining the multi-complexed case of the “Rendlesham Forest UFO Incident,” which had occurred within the military base of Bentwaters back in 1980 involving American troops, and whereby strange UFO activity had occurred around this Christmas period.

Indeed, the Rendlesham case has been meticulously examined by many researchers, and yet no conclusive evidence to suggest what had occurred has ever been truly defined. Like the famous

Roswell incident back in 1947 of an alleged UFO crashing, along with the subsequent retrieval of alien bodies recovered, debates rage on, and the case — like its British counterpart, Rendlesham — appears to have sunk within the annals of myth and legend.

Of course, there will be those who will tell you how it was, but at the end of the day, no defining evidence can say whether such a phenomenon was all due to mistaken identity or truly linked to what we call UFO intervention. The differences of opinions range from the Orford Ness Lighthouse illuminations being responsible for what the troops had witnessed back in 1980, to a satellite, holographic projections, some wild prank, secret weapons technology, and so on. The debate has divided many within the UFO scene.

### An Unintended Investigation

Although I had no wish to write anything surrounding the 1980 incident, I decided it would be a good idea to amalgamate some of the best cases that Brenda had recorded through a redundant manuscript she'd titled *Life on the Move*. However, the title had to be changed from one that sounded more like a travel book to something more in line with UFOs.

I can attest to the fact that the lighthouse theory is simply not feasible. I had seen this for myself when researching the area all those long years ago, and I can assure you that such dim illuminations from







Orford Ness was *not* responsible for sending an entire U.S. military faction into a craze. When you've been there yourself and seen it with your own eyes, then this is testament to fact and not something drummed up through mere fantasy.

Indeed, Brenda can also vouch for this, seeing as she has spent much of her life investigating the strange plethora of anomalous activity within the forest of Rendlesham. One of the other key points is that when an individual is going through a supernatural/UFO-related event, the "experience" is very different from someone's recorded views and stamped as their version of facts when they had not even been there themselves.

Let's also not forget that the American troops (like any other soldier in service) were trained men, and even when researchers step forward and conclude the lighthouse theory solves everything, this beggars belief. God help us all if our military can mistake lighthouse beams for a UFO! Were such beams able to bend and thus produce an inexplicable array of strange light phenomenon that moved on its own accord?

***God help us all if our  
military can mistake  
lighthouse beams  
for a UFO!***

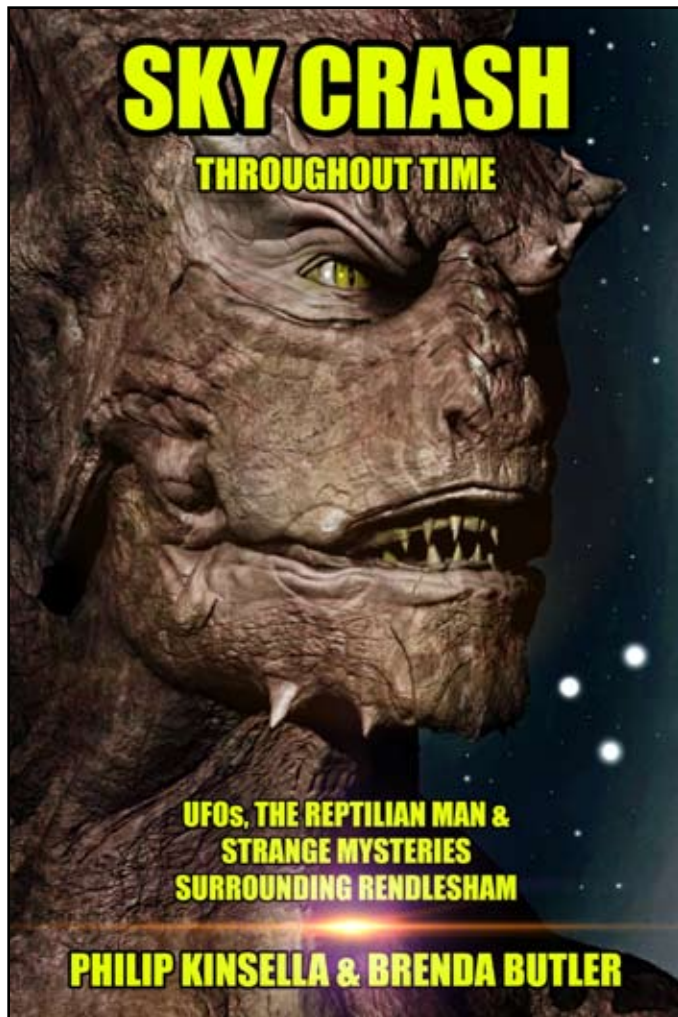
Looking at the evidence tells me that (and much like Skinwalker Ranch in Utah) the heralding of UFO activity appears associated within certain geographical locations around the globe. Are we, perhaps, seeing some type of interdimensional connection (an area I firmly believe), rather like a portal that opens and closes when activated? This has been witnessed at Skinwalker Ranch and within many of the national forests, which also promotes the appearances of high strangeness.

### **The Ongoing Rendlesham Saga**

What many people did not know, however, (and whether they like it or not) is that such bizarre occurrences have been happening within the region of Rendlesham long before and after the onslaught of the American military's reported encounters. Anything other than that merely falls on deaf ears!

I seriously doubt whether the lighthouse theory can explain *all* of the UFO/paranormal activity that continues within the geographical location of Rendlesham. It appears that anyone else's testimony is mute and subsequent documentation from witnesses ignored. It's rather like an





***Sky Crash: Throughout Time* reveals the mysteries surrounding England's most controversial UFO case.**

investigative team going in to solve a crime but leaving out vital clues along the way and which they feel is not relevant to the case in hand.

The research and subsequent experimentation on my end highlighted that the phenomenon, whatever it ultimately represents within its original form, appears to connect with individuals on a conscious level of integration. Indeed, much of the singularity targets and temporarily disables those within its perimeter, and without warning. This may indicate why there are varied encounters that differ from one person to another, along with conflicting testimony.

### **Summoning a UFO**

Our new book, *Sky Crash: Throughout Time*, explores my own summoning of a UFO on June 8, 1998, along with Brenda's own explorations and subsequent meetings with an apparent extra-terrestrial reptilian who was wanted by higher officialdom and who also infiltrated

top members within the UFO community back in mid-1980 period.

It appears that the UFO phenomenon promotes a series of inexplicable and utterly staggering events, some of which go beyond the bizarre — yet they happen, whether we truly understand the underlying factors behind this force that appears to hide within the shadows.

As with any celebrated, (yet least understood) UFO case, you will invariably step on toes along the way. As I have always stated, no single individual has exclusive rights to the phenomenon. All we yearn for is the truth, along with what it is we are witnessing first hand.

I am aware that being psychic does little in the way of definitive proof surrounding UFOs, but I believe that just such a component appears to heighten our sense of awareness due to others experiencing the UFO/alien reality. After all, the human brain is merely the conduit for consciousness, and perhaps such entities can infiltrate the very workings of the human mind — even using these as gateways into our physical realm.

### **Making Progress in UFO Investigation**

If we remain stagnant within our approach by sticking to a rigid belief system, I seriously doubt whether any progress will be made when tackling not only Rendlesham, but other cases across the world. The UFO field of investigations appears to be an impossible science, but we are moving into new areas of belief and away from the condensed thinking that has been in vogue for centuries.

Arguments are healthy, and much needed, but only if they are constructive. Although both books on *Sky Crash* have promoted their fair share of debate (along with other volumes surrounding the subject), it is clear to see that the mundane approach to what has been occurring within the dense region of Suffolk indicates some form of super-conscious intelligence visiting us from other realms our senses cannot always detect.

Brenda's decades of research attests to the fact that she knows what she's talking about. For years, she has appeared on radio and national television with the goal of promoting one key area on the map of the world where UFOs and cryptids are seen.

Whatever your thoughts surrounding Rendlesham, *Sky Crash Throughout Time* will make you aware of other strange occurrences that have happened long before and after its famous American military saga.

*"Sky Crash Throughout Time," by Philip Kinsella & Brenda Butler, is published by Flying Disk Press and available through Amazon as paperback, hardback, kindle, and audiobook. ♦*

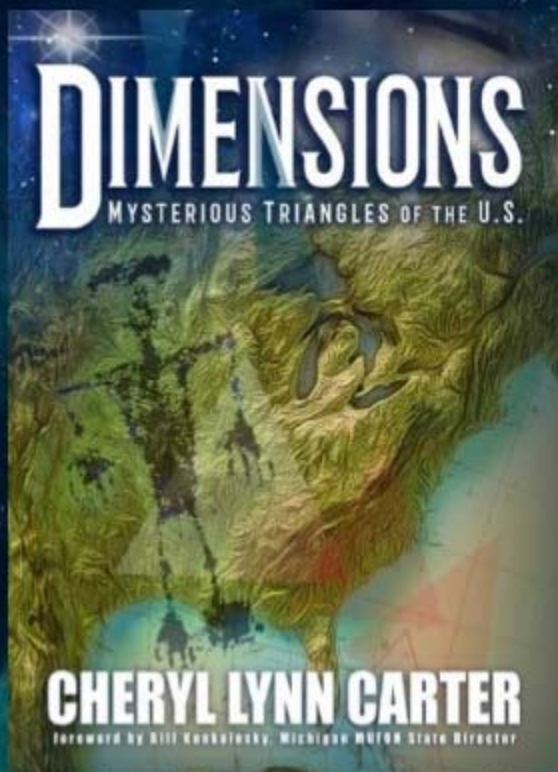




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# The Legend of the Snallygaster:

## Exploring Maryland's Mythical Creature

**T**he Snallygaster is a mythical dragon creature that is said to inhabit parts of the United States, including Maryland and Washington, D.C.

The legend of the Snallygaster has been around for centuries, and it has been the subject of many stories and myths. While some people believe in the Snallygaster, others consider it to be a legend that has no basis in reality.

### Origins of the Snallygaster

The Snallygaster is said to have originated in German folklore. German immigrants who settled in the U.S. brought with them stories of a creature known as the Schneller Geist, which translates to “quick spirit” in English.

The Schneller Geist was described as a winged, dragon-like creature with a long, pointed beak and razor-sharp claws. It was said to inhabit the forests of Germany, where it preyed upon livestock and unwary travelers. Over time, the Schneller Geist evolved into the Snallygaster.

### Sightings and Legends

The first recorded sighting of the creature was in the 1730s, when German immigrants began to settle in the area. According to legend, the Snallygaster was a fierce creature that preyed upon livestock and unwary travelers. It was said to be able to fly at incredible speeds, and it was feared by all who lived in the area.

One of the most famous legends surrounding the Snallygaster involves a local farmer. He was working in his barn when he heard a loud noise outside. He looked out the window and saw a large, winged creature with a long,



pointed beak and razor-sharp claws.

He grabbed his shotgun and fired at the creature, but it was too quick for him. The Snallygaster disappeared into the woods, and the farmer was never able to catch it.

Over the years, there have been many other sightings of the Snallygaster. In the early 1900s, a group of farmers claimed to have seen the creature flying over their fields. They said that it was able to fly at incredible speeds, and that it disappeared into the woods when they tried to approach it.

In the 1970s, there was a renewed interest in the legend of the Snallygaster. A group of local residents formed a committee to investigate reports of the creature. They received numerous reports of sightings but were never able to capture any definitive proof of the creature's existence.

### Possible Explanations

There are several possible explanations for the legend of the Snallygaster. Some people believe that the creature may be a remnant of prehistoric times, a surviving pterosaur that has managed to avoid extinction. Others believe that the Snallygaster may be a misidentified animal, such as a large bird or a bat.

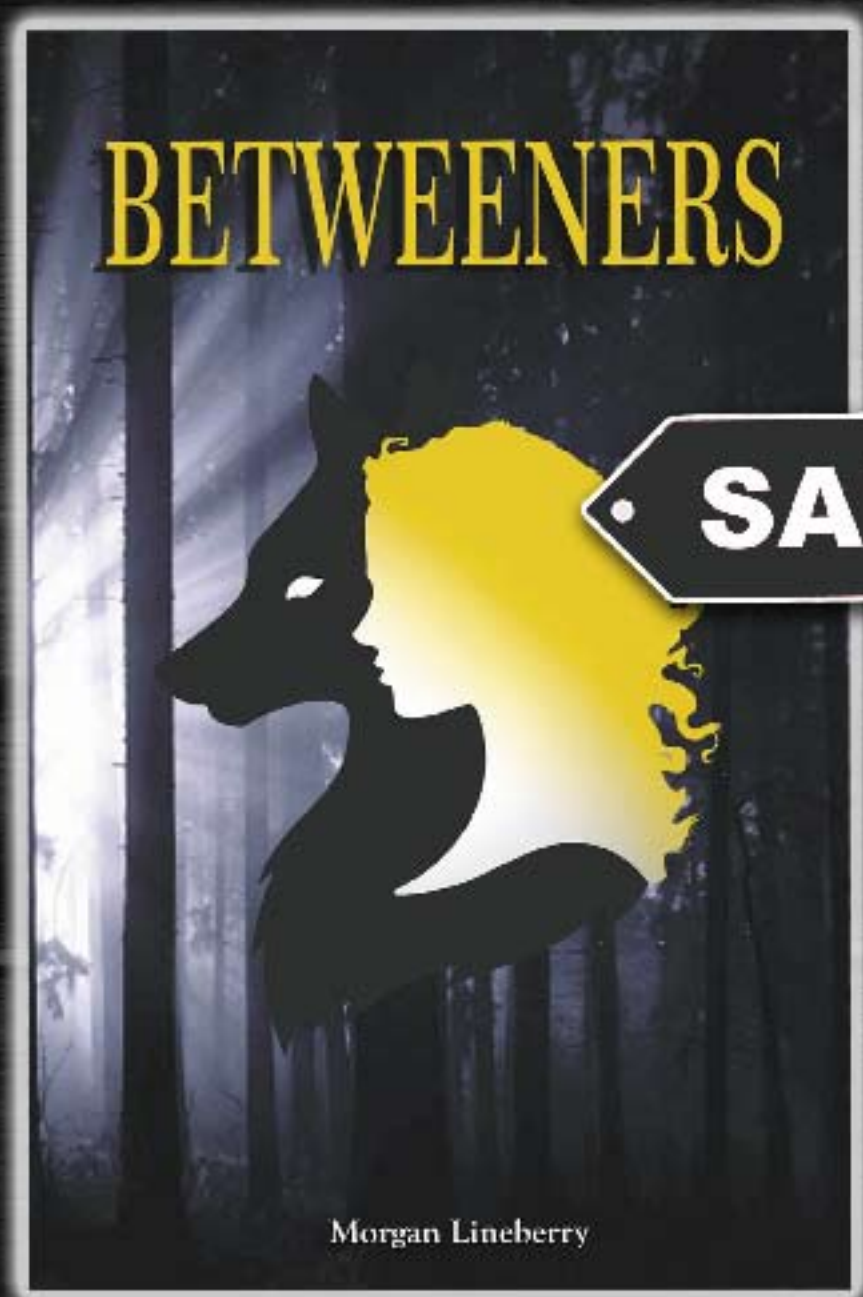
In recent years, there has been renewed interest in the legend of the Snallygaster. There is even a museum dedicated to the legend of this mythical beast.

Whether or not the Snallygaster actually exists is a matter of debate, but its place in the history and folklore of Maryland isn't going away.

*This article was written with the assistance of ChatGPT and fact-checked by “Paranormal Underground’s” editors. ♦*



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# MY STRANGE EXPERIENCES WITH 'TIME'

By Maria Anna van Driel



Work, lunch, going to school, sports, going out to dinner ... we go through our schedules and appointments without thinking much about what it is we are really experiencing.

Are we experiencing the taste, smell, and sound of the popcorn we are eating while watching a movie, or are we sensing the *time* our brain needs to convert the myriad (chemical) processes taking place in our body when we eat the popcorn into a simplified and coherent language for us to understand what is happening?

Even though it is imagined to be true, an unexplained phenomenon that still lies beyond the bounds of our comprehension is how we perceive the strange behaviors of time. No matter how many numbers we apply to it or how many devices we create that tell you what time it is in that particular moment, we just cannot seem to wrap our minds around this experience.

Odd as it might sound, but if we place the human brain underneath a magnifying glass during stressful situa-

tions, it almost seems that it has a “mind” of its own — an unexplained, almost paranormal phenomenon occurring within us that we have labeled “consciousness.”

But what if the mind and consciousness separate from each other? Could we, in the moment, reposition ourselves to the coordinates of a “superposition” and become aware of them? If so, could this be the cause of why we are able to experience time as either a stretched event or one that is speeding up rapidly?

There are numerous ways for the human brain to experience and translate stress and, thus, “time.” So, could that, in turn, allow “the observer” (you) to enter an altered state of reality? If yes, we can also state that time is not what we read on a clock. We will not find it in the particle-soup the Universe was born from or in the annual event of Mother Nature. If the mind, as some say, creates the Universe we are swirling in, the globe we are walking on, and everything that is captured by our vision every picosecond of our existence, then time is you and me. I am time! You are time!



Let me give you two examples of personal experiences when time started to act out of the ordinary.

### Rafting: A Near-Death Experience

In 2019, I went rafting for the very first time. Except for watching National Geographic documentaries and some YouTube videos, I had no real clue what to expect. So, with an open mind, I proceeded with my adventure.

But what should have been a day creating fun memories of defeating Mother Nature's powers instead etched a horrifying experience in my memory — a moment where I observed the separation of my mind and body with full awareness. Or, should I say, my *consciousness* did.

The day started off with receiving funny instructions about how to slide in a wetsuit, followed by the instructor explaining the roughness of the ride and how to act when you fall into the wild waters. I'll admit that this last instruction lowered my self-confidence quite a bit!

The first round went fantastic, but the second round was the one straight from Hell. In fact, it made it very clear that this ability of sliding into a *superposition* with full awareness is 100% possible. Observing the incoherent communication between the mind and body is no fable.

Drifting a few meters into the second round, the first curve was in sight. The water was going berserk! More than likely, my subconscious had already calculated the dangers ahead. After that, it went fast. I felt my feet slip out of the straps, the water slammed with tremendous force to the front of the raft and then ... nothing.

I have no idea how long this "nothing" had lasted, maybe even just a few seconds. Also, I had no recollection of me being launched from the raft or hitting the water. I think this phenomenon can be thought of as the famous term "missing time."

Anyway, when I opened my eyes, I found myself in a grayish fluid that I instantly recognized as water. Not knowing what was up or down, left or right, disorientation and experiencing the emotion of panic over-

whelmed me. Trying to act as the instructor had explained at the very beginning, in order not to drown, was not working. I found myself in a situation where I had to fight against a wall of water that had tremendous strength.

Fortunately, the water had two currents, one above and one below, which pushed me upwards. This made it possible for me to take little sips of oxygen every now and then before being dragged down again. During one of these brief moments, I saw that I was, with full speed, heading toward another raft. But fighting the water, keeping my head in a survival-mode, and not gaining enough oxygen had exhausted me.

With this little bit of strength left in me, I tried to grab the ropes hanging aside the raft. But I could not hold onto the ropes. The water dragged me down again, and in this moment my brain "told" me, *You are about to die*. The feeling of panic instantly disappeared and, again, there was nothing. Together with the movements of the water, time stopped.

I felt a hand grabbing my arm, and I became aware of my surroundings again. Time was present again. The strength of the water was so immense and I was so exhausted that three people needed to hold onto me.

Several instructors were heading my way and finally helped me climb ashore.

In this moment, I became aware of the fact that I had entered this superposition and observed, without standing beside my body, my mind still being in this state of dying while my body was working on autopilot. In this I can say that the mind is the controller of how we perceive time, as well as that the brain is perfectly capable of operating separately from the body.

### The Strange Behavior of Time

Another experience I had with the strange behaviors of time was in 2008. I was working as a security guard and witnessed a burglary in progress during the late evening hours. I had been driving my surveillance car across an abandoned industrial site.

Skipping the boring administration activities, I called the police for sup-





port and went into pursuit as they fled. I pressed the gas pedal to the floor and drove with high speed, almost 120 mph, over the dimly lit industrial roads. In the distance, I saw the shadow of a large cargo truck approaching me.

I calculated the wideness of the road I was driving, but it was far too small for me to pass this truck while driving this speed. Within an instant, I knew that whichever side I would have chosen to pass this truck, I would have died in a horrible car accident.

In my mind, a collision between my surveillance car and this cargo truck was inevitable! Then the strangest thing happened! As I was approaching this truck at high speed, I felt no fear. I felt no panic, no sadness, no enthusiasm, no pain. The only thing I felt was an odd, but strangely enough, familiar feeling of peace. Had my mind already accepted that I was dying?

I let go of the steering wheel, and time seemed to slow down for every object around me, including my body. However, my thoughts seemed to speed up. All of a sudden, there was only silence. Then I felt as if the surveillance car was gently but firmly being lifted up from the road while I was watching myself spreading my arms slowly. Time was passing so slow for me that the moment of me letting go of the steering wheel took forever.

At the same time, I was watching myself. I also saw this truck approaching me at the same “slow” speed. I could even see the profile of its tires. Then a bright flash! The driver of the truck had blinked his headlights ... and time instantly sped up again. I was forcefully placed back in my driver’s seat. I grabbed the steering wheel, kicked the gas pedal and passed the truck with just a few centimeters between the truck and me.

Has time slowed down because my mind had decided that I was going to die? Was that the feeling of being lifted up?

Even though we *count* time by means of our present activities and *experience* time by viewing these similar activities but in the past, future time seems to be *sensed* by us in the moment we are observing this strange phenomenon of an incoherent communication between our mind and consciousness as they are separating.

So, what is the purpose of experiencing the strangeness in the behavior of time? Can we consider this as a primordial built-in defense mechanism of the human species? A weird psychological effect in perceiving “real” time that shows its existence in the moment we are about to experience a severe trauma ... for us to keep our sanity when we are on the brink of a transformation? ♦





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# THE GOOD OMAN: COMPLETING UNFINISHED BUSINESS AT THE OMAN HOUSE

BY IAN WHITE

**B**ack in the heady pre-COVID apocalypse days of October 2019, I was lucky enough to visit David Oman's house on Cielo Drive in Beverly Hills, California. It's an impressive multi-story home perched on the side of Benedict Canyon that's famously known as the place where the spirits of Sharon Tate and Jay Sebring most like to visit.

That's because, on August 8, 1969, Sharon, Jay, and their friends Abigail Folger and Wojciech Frykowski were slaughtered by the Manson Family at 10050 Cielo Drive, which is a 147-foot stone's throw away from where David's house now stands. Many people believe that Sharon and Jay have been drawn here since David and his father built the house because it's a place of safety and refuge and David is uniquely in tune with them. The more cynical gripe that the Oman House is just another bogus Hollywood ghost tour sideshow owned by a man who's brilliant at PR and has ruthlessly cashed in on La La Land's most gruesome, eternally headline-grabbing tragedy.

I'll admit that I've always been drawn toward the "safety and refuge" explanation, but, as we all know, where paranormal investigation is concerned, it's always best to have an open mind.

As fans of the many paranormal TV shows and podcasts that have visited David's house will already be aware, Sharon and Jay aren't the only ghosts that go there. From the boxer Jack Johnson to the silent film icon Rudolph Valentino, as well as a constellation of other long-dead notables, the Oman House has been described as a "wildly haunted" paranormal freeway and labeled "the Mount Everest of Haunted Houses" and "the Disneyland for the Dead" by renowned parapsychologist Barry Taff.

It's also a place that's had disturbing physical effects on more than a few of its visitors, ranging from unexplainable vertigo to sickness-inducing headaches to full-on long-term illness. A reason for that, and another reason



**David Oman's house on Cielo Drive in Beverly Hills is home to extreme paranormal activity.**

paranormal investigators believe it's such a wildly spinning revolving door of the deceased, is the unique geological anomaly lying deep beneath the house coupled with the enormous amount of energy-conducting metalwork that makes up the structure and secures it to its promontory.

Whatever the explanation, I'd had a nagging sense of unease-mixed-with-expectation since early that afternoon, when I'd holed myself up for a couple of hours in a Starbucks on the Sunset Strip to do some pre-ghost hunting homework. Then, as soon as we arrived at the house to be greeted by David and his two equally friendly dogs, my then-wife Kate and I stepped out of the car into an ozone-like heaviness that I've never felt anywhere, before, or since. Our awesome actress friend Maria Olsen, who was joining us for the tour and had arrived a few minutes before we got there, commented on it too.



When David showed us into the house, the heaviness in the atmosphere became even more oppressive. This is probably a good time to explain that Kate and I were in LA on vacation and that the Oman House was one of two highlights of our trip, at least for me. The other highlight was a night we spent with Aidan Sinclair onboard *The Queen Mary*, which I wrote about in the January 2020 issue. I'd originally intended my Oman House piece to be February's offering, but for reasons I'll explain later, that plan went very wrong. However, the night is still very fond and fresh in my memory, and, for various reasons, this finally feels like the perfect time to write about it.

(By the way, if you'd like to find out more about my dear friend, the incredibly talented Maria Olsen, I interviewed her for the December 2014 issue of *Paranormal Underground* magazine.)

I was excited that David had given me the opportunity to write about the house for *Paranormal Underground*. As a big fan of Sharon Tate's few movies, as well as being a sucker for homes with tragically haunted pasts, I'd always wanted to visit the Oman House. And even before David invited us to guest on his Facebook video cast at the start of the night, the home didn't disappoint.

Inside the house, the heaviness felt like an oncoming migraine coupled with the gathering of an electric storm moments before it breaks. Then, within the first 10 minutes of the videocast, one of the tiny toy Beetlejuice figures lined up on David's huge, heavy aquarium suddenly flipped up into the air and somersaulted a couple of feet across the room onto the floor with nothing there that could have done it.

None of the other figures had moved (we checked; they weren't stuck down), and there were no tiny springs or sneaky tricks that could have launched it. David jumped up and down in front of the aquarium to prove how stable it was, and not even the water inside the aquarium stirred.

David had already warned us that he could never be sure how the house would treat his guests. Fortunately for us (or unfortunately, depending on how you look at it), the ghosts that night were on their best behavior, although there were undoubtedly a few times when both Maria and I felt there was something not quite right going on, particularly in one of the bedrooms where, a few minutes after we entered, a thin cloud of mist seemed to materialize out of nowhere between us. There were no natural or atmospheric reasons why it should be there, and it was localized to a particular spot a few feet above the ground. The air in the rest of the room was absolutely clear.

Maria and I commented on it, but Kate just rolled her eyes. She did quite a bit of polite eye-rolling that night,



**Maria Olsen and Ian White take a picture in front of the Oman House prior to their investigation.**

and it was only after we left that I remembered David has his whole house CCTV'd from every angle so he'll never miss any activity. No doubt when he eventually checked his tapes he'd see Kate's eye-rolling too.

(Still non-believers, huh? What you gonna do?!)

Apart from the high-pressure atmosphere, the flying Beetlejuice figure, and the strangely sentient portal of mist, there are two other parts of that night that still really stand out. One of them is actually a two-parter, when David took us into his man-cave to show us a selection of caught-on-camera paranormal activity clips on his big-screen monitor. There was a bathroom door open to my right, and I was sure I saw movement behind it — a tall, black figure that was blacker than the other shadows and seemed to watch us before stepping back and almost rippling into the mirror on the back wall.

At this point, David stopped showing us the videos and said Sharon wanted to let us know something about the person who now lives on the property where she was killed (the house was demolished and rebuilt a long time ago.) It was in answer to a question I asked David about why he thought Sharon was so drawn to his house,



**During our visit, a toy Beetlejuice figure flipped up into the air and somersaulted a couple of feet across the room onto the floor.**

and, through David, Sharon made it clear why she isn't a big fan of 10050 Cielo Drive's mortal owner. My lips will always be sealed about what she exactly said, but it answered my question pretty comprehensively.

The second stand-out part of the night was when David took us into the "earth room," where a lot of activity has been recorded. It's a small room that still has the exposed hillside inside it, and the EMF spiked dramatically while there seemed to be a slight flow of air that came from somewhere we couldn't place. It made the spiderwebs that were stretched between the overhead pipes sway rhythmically backwards and forwards like fingers gently tapping the skin of a drum.

I thought it was interesting, and Maria seemed to think so too. Kate, on the other hand, thought there was obviously a gap between the hillside and the outer wall that the air was coming through. It was impossible to argue with her logic, but I secretly wished she'd waited until after we left to turn into the new James Randi.

We spent several hours in the house, and David didn't disappoint as a host. His small menagerie of animals didn't skimp on the hospitality either. It would have been great if Sharon and company could have given us a little bit more to work with, but I still came away looking forward to writing about it. So why has it taken me so long to get around to it?

The easy answer would be to tell you that I had my voice recorder switched on the whole night, carried it everywhere we went, constantly checked it was work-

ing and the battery was full, and even played the last few minutes back after we left the house to check the audio was good. I used the same voice recorder a couple of days later, when I interviewed Aidan Sinclair, and it was still working perfectly. So why, when we got on the plane to fly home and I thought I'd kill the first few hours transcribing the Oman House recording, was the Aidan interview still there but the David interview, apart from the very beginning when I switched on the recorder before walking into the house, just several hours of a weirdly rumbling silence? Even the final few minutes I'd listened back to in the car was gone, replaced by the same distorted quiet.

I didn't have the heart to tell David, and I did consider that the night was still so clear in my memory that I could probably still write about it (with a bit of help from the videocast we'd appeared on), but then I changed my mind. I told myself it was because David's book, *The Ghosts of Cielo Drive*, which he'd only just published and given me a still-treasured signed copy of, said more about his house and its ghosts than I ever could, so cobbling an interview together from memory just wouldn't do it justice.

But there was also another kind of uneasiness I couldn't shrug off, far and away from what I'd felt in the house. It was apparent as soon as we walked through the front door that the Oman House is not only a shrine to Sharon, but also to the boxer Jack Johnson, whose likenesses are everywhere in the man-cave where I saw the blacker-than-black, quite possibly Jack Johnson-shaped bathroom shadow.



Who knows what being surrounded by all that memorabilia can do to the mind of someone like me, who likes to keep an open mind but still really wants to believe that Sharon Tate truly did tell us a deep, dark secret about the next-door neighbor?

It also didn't help that the 50th anniversary of Sharon's murder had been only a few short weeks earlier and that the bedroom where the mist had appeared between Maria and I was decorated in vintage glow-in-the-dark psychedelic band posters from that era, so maybe the vapor we saw was just a trick of the mind caused by a combination of tired eyes eager to see something happen and the subdued purplish glow on the edges of our vision.

It made me feel sad for Sharon, because if she wasn't really here, it felt wrong that all this was happening. And, if she was here, how did she feel that all this was happening? It sounds crazy, but I suddenly felt a spectral six degrees of separation to her, a responsibility not to make her eternity in limbo any harder than it already was by adding another article to the cottage industry of stories, TV shows, podcasts, and books that were already making it complicated for her soul to rest. That's why I didn't write the article.

Having said all that, not writing the article has never sat easy with me. I've always thought of it like unfinished business, not least because it was a memorable evening. I appreciated David Oman's hospitality, and I've always felt badly for taking the tour of his house but never writing about it. The only thing that made me feel not so guilty was that we had appeared on his videocast, and from the "live" reactions and comments of the audience watching, I think we'd made a pretty good account of ourselves as guests.

Why am I writing it now? A lot has happened to me since I last wrote for the magazine, and a few days ago Maria, left me a message recommending a podcast that she cryptically promised would interest me. It was the story of Sharon and the story of Susan, the doomed actress who had so much to live for and the most notorious of the Manson Family members who had collectively robbed her of life.

Although there was nothing in the podcast about the ghosts of the Oman House, I suddenly found myself wondering something I'd never considered before. If Sharon's ghost is at the Oman House, and I want to believe it is, instead of treating David Oman with suspicion, as if he's some supernatural ringmaster, shouldn't we actually be grateful to him for making her welcome and keeping her story alive? After all, it was only the very last night of her short life that was a tragedy, and David's obvious love and dedication is a constant reminder that



**David Oman owns the Beverly Hills home that's been called "the Mount Everest of Haunted Houses."**

Sharon Tate deserves to be remembered and celebrated for so much more. If David's house is a shrine, its purpose is a positive one.

And that made me wonder about something else, and it's a question that I'd like you to think about too. Thanks to a seemingly endless stream of paranormal reality shows, it's easy to think of the owners of haunted houses as either genius self-publicists or needy eccentrics with more personal problems than their ghosts. But, like David Oman, couldn't they just as easily be selfless custodians of the spirits that reside in their homes, nonjudgmentally giving them a safe space to inhabit and be remembered before they're eventually ready or able to move on? And what emotional and physical toll does being the custodian of a haunted house take?

For more than two decades, David has had to deal with a lot of skepticism, dubious press, morbid thrill seekers, and unhinged Charlie Manson devotees. No matter how big a spotlight being the owner of the Oman House has given him, is it really worth all that other craziness?

In my humble opinion, the world needs more David Oman's, not just to act as custodians to high-profile spirits like Sharon and Jay, but, equally as importantly, to safeguard the spirits of ordinary people who were once like you and I, who have passed on but haven't left this world behind.

But what if the ghosts aren't there? In a way they are, they must be, and they always will be, because the David Oman's of this world are keeping them alive in the memory of everyone who visits their homes in the search to find out more about what awaits us after. ♦

# The Eternal Circle:

## Living a Life of Perpetual Rebirth

By Rainbow Radaelli

From birth to death, we are destined to come against a path that ebbs and flows, rising and falling within the blink of an eye.

Our lives revolve around the day and night, the sun and moon of our desires, experiences, unrepented lessons, or learned ways of success. In the eyes of the Universe, we are not the repose of existence, but the cacophony of rebirth.

### The Eternal Circle

The idea of the eternal circle takes on many metaphors, the snake eating its own tail, the sacred medicine tipi, or the flower of life pattern. Can birth and death eventually meet in the end? Perhaps the illusion is that they represent two different aspects of life when they really are one and the same.

If we take flowers, for example, the same flower reblooms each year to the same perfection as the year before. Does it know or feel the prior year, understanding the weather conditions and arduous life in the winds of time? Does the continuous cycle of blooming and fading year in and year out teach the flower how to grow? Is the memory in the tiny cells of the plant, or is there something more?

Spring showers, summer flowers, autumn leaves, and winter snow signifies Gaia's forewarning of the eternal circle of change. Within these changes, humans live their lives knowing what the seasons bring. Do these expectations that eagerly grow within us as humans in some way concatenate the seasons, allowing them to change?

Do emotions such as happiness, heartfelt sorrow, a lover's quarrel, or exalted euphoria become the corporeal of each season? The Egyptians believed that the pharaohs were the embodiment of life itself. So, would it not be so farfetched to think that humans are the incendiaries of the four seasons?



### Life and Death

Life and death are the mirrors of immortality facing each other. Humans live such a transient life, and yet they thirst for the eternal.

From the moment of birth, the ancient Egyptians lived life preparing for the afterlife. While the Egyptians believed the soul resided in the heart, it is a wonder where they thought the mind was. Just as the scarab beetle (kheper) was sacred to the Egyptians because it symbolized the sun god Ra — the heavenly cycle or one's ability to transform into the afterlife — unfeigned spells of immortality were also whispered and sent off to Isis.

Transformation for the Egyptians was key in substantiating their evolution and well-deserved place in the afterlife. Magic, the elixir of the gods and goddesses wafting



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in the wind, drunk with absolved revelry not only set free societies constraints, but freed the bedeviled soul.

### The Flower of Life

The flower of life is a symbol thought to contain the sacred patterns of creation. It's found in Egypt at the Temple of Osiris in Abydos and at Mount Sinai. The temple contains the oldest known examples of the flower of life symbol. They are at least 6,000 years old and are thought to date back to 10,500 B.C. or earlier.

Some could say that the eternal circle, also known as the cycle of life, is a constant thought of existence that all creatures great or small sojourn through life "experiencing." It's the tutorial significance of time and space again and again.

Sacred geometry, otherwise known as the flower of life, repeats itself to such a degree that it doesn't change its design. Why change perfection? This type of perfection sustains itself knowing the outcome of its design is eternal.

Humans tend to weave a web that copies this likeness, but the soul identifies itself autonomously instead of as a collective intelligence. After all, when the Egyptians prepared for the afterlife, they understood it was their heart up against the feather of truth. Since this is where they believed the consciousness resided, all undisclosed secrets and misdeeds were revealed, including a magnanimous life.

Perhaps this is where the saying, "The moment of truth," came from.

### Circle Symbolology

The womb is the embodiment of time before consciousness peeks and shows itself to the outside world. Native Americans have understood the meaning of living within the circle of life. They created a home, the tipi, that in many ways signifies the womb, especially since the entrance always faces east where the sun comes up, rebirthing each day to a new beginning.

The full moon reaching downward with her glittering and sparkling light inflames the desires and devotion of her followers. She casts her spell, and all who are enveloped within her glow are transformed from the trepid spectator to intrepid participant, whether it be in love or lust, virtue or vice.

The different cycles of the feminine divine are connected to the moon's waxing and waning, just like a time clock of internal desires or the ocean's tides. New moon, waxing crescent, first quarter, waxing gibbous, full moon, waning gibbous, last quarter and waning crescent all become the minute and second hands of our lives.

We respond to the cycles of our own immortality by



understanding our connection to our days and nights. We become the clock of our own convictions.

### Twofold Lessons

The embrace of life unfolding around us reminds us that each day and night magic and mystery accompany us, even when we do the most mundane chores. Insight into this obscure embrace doesn't always come easy. Lessons learned years later can also have a sobering effect, especially those learned the hard way.

Many years ago, when I was doing my laundry at a laundromat, I was visited by a little friend. Through one door, a butterfly flew in and landed right on my hand. Not just any butterfly, but a monarch butterfly. I felt as if it was trying to pull my hand, inviting me to follow it. It finally relented, and I watched it fly out another door and back outside. For some insane reason, I didn't follow it.

When I told my ex-husband, ThunderBow, about it, he asked me why I didn't follow it. I didn't have an answer, only regret. Later on, I would come to realize that butterflies are finicky, like their fae folk cousins, and aren't known for beckoning humans.

The expectation of unceasing days and nights can stagnate our senses, blocking us from truly seeing what's in front of us. It's this expectation of the perpetual drudgery of life that can blind us to the magic of the unexpected.

The eternal circle is not only a call from the Universe that nature hears, it's an infinite frequency that Gaia and other planets answer to as well. At the end of the day, it's really about how humans choose to answer this call on their life path.

The immense beauty of the very fact that we are answering back means we are living in the moment, we see the butterfly and understand to follow the butterfly. ♦

# The 1973 Doraty ABDUCTION

By Cheryl Lynn Carter

On May 23, 1973, Judy Doraty, her 14-year-old daughter, mother, sister, and brother-in-law had just enjoyed an evening of bingo and were traveling from Houston to Texas City, Texas.

Judy first stopped in Alta Loma and bid her sister and brother-in-law good night. As she got back on the road, her evening took a turn that would put her on a path she would never forget.

While driving through Alta Loma, everyone in the car observed what appeared to be a large, bright light in the sky. They became a bit concerned when it was apparent the light had been following them for the last 20 miles. At first, they thought it might be a helicopter traveling to Scholes International Airport in Galveston.

Judy rolled down her window and listened, but she didn't hear anything. If it was a helicopter, there would surely be sound. She reached a darkened pasture, pulled over to the side of the road, and got out of the car to get a better look. However, what it revealed was not a helicopter ... it was something else.

The mysterious light in the sky suddenly came closer and closer, revealing its true identity. It was then the family realized the object was a massive, disc-shaped craft silently hovering above them. Moments later, they watched as the craft moved toward the nearby field and shot vertically into the sky, vanishing in mere seconds. Or at least that's what they thought.

They resumed their way home to Texas City, looking forward to a good night's sleep. But, for Judy, that didn't happen. Night after night, her dreams became nightmares. They were filled with fragments of disturbing memories that were fighting to be freed from deep within



her subconscious mind. Moreover, she began to suffer from intense headaches and unexplained anxiety. She began consulting several doctors, who were unable to determine the cause of her symptoms.

For years, she suffered in silence, harboring something deep inside that she couldn't explain; something that perhaps was too shocking to reveal. In 1980, when her husband returned home from Vietnam, they were stationed at Yuma Proving Ground in Arizona. It was here that she learned about the Aerial Phenomena Research Organization (APRO).

After being ridiculed for years by other family members who refused

to believe she had witnessed something otherworldly, she was eager to contact APRO about her sighting. The following day, a team from APRO came to Judy's house, including hypnotist Dr. Rose Tenant. They spent all afternoon as Dr. Tenant conducted hypnotic regression on Judy in order to extract repressed memories of her experience that night.

A few details surfaced, revealing that she had indeed been in communication with two otherworldly beings. Although Judy still felt there was much more deep inside, at least her headaches had stopped.

A few years later, she received a phone call from Linda Moulton Howe, an investigative journalist and ufologist, urging her to try hypnotic regression again. Linda introduced her to Dr. Leo Sprinkle, a ufologist and expert in hypnotic regression at the University of Wyoming. During a three-hour regression, Judy was finally able to totally recall what had taken place that night.

She was standing next to her car looking at a pale, yellow light. It had substance, and as she moved closer, she saw it



The craft was a laboratory where they conducted tests. When she asked why they were doing this, she was told it wasn't time for her to know; someday she would know. The experiments were important, because they were concerned that mankind was polluting the environment and it was getting into the water and soil. They were testing

Then the calf was lowered back to the ground, but it must have been dead because Judy couldn't see it moving. At the same time, she felt herself being pulled back to the car. Shortly thereafter, she found herself once more standing by the car unaware of what had happened.

This experience was unique in that there are very few abduction events that lend credence to the thought that animal mutilations and UFOs may be connected. After the hypnotic regression session, Judy chose to remain out of the public eye. ♦



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# Septarian Nodules for Earth Energy ... and Other Cool Crystals

By Karen Frazier, AuthorKarenFrazier.com

Formed about 70 million years ago, septarian nodules (also known as dragon eggs because they look like they have scales) occurred when volcanoes erupted and caused dead sea life to form mud balls in nearby sediment.

As they shrank in size, cracks were created and sea shells found their way into the cracks, eventually creating calcite crystals. Then, through the magic of Mother Earth, the mud balls tended to crack at 7 points, creating the scaled pattern.

Septarian is a combination of aragonite (dark brown), calcite (yellow crystals), and limestone (tan outer material). Metaphysically, it has grounding Earth energy, brings the feng shui element of wood, and is a great stone to have around when you need some calming energy.

You may find the nodules intact and smooth, or they may be partly cracked open so you can see the inner crystal structure.

## Labradorite: Lit From Within

Labradorite is one of my husband's favorite crystals; when I drag him to a crystal shop, that's where he's immediately drawn.

Labradorite is a feldspar mineral that appears to be lit from within with flashes of colors, such as deep or light blue, orange, or violet. This iridescence is called labradorescence (or schiller), and it comes from light reflection from tiny planes oriented in one direction in the crystal.

Labradorite has a triclinic crystalline lattice structure.

Metaphysically, labradorite is a stone of intuition and mystic journeys. It can aid in communication with the higher self or the Divine.

## Whiskey Quartz and Its Properties

Whiskey quartz, which is sometimes called whiskey citrine, is a naturally occurring quartz similar to smoky citrine or smoky quartz, but it has a deep bourbon color. Meta-

physically, it combines the properties of citrine and smoky quartz, so it's a prosperity or merchant's stone that can also transmute negative energy to positive.

This is a great stone to use if you're trying to change negative financial energy in your life, and it is also good for helping you change from "lack consciousness" to "prosperity consciousness."



Lack consciousness thoughts, even if you're working on prosperity affirmations, can sometimes override your prosperity affirmations. Example of these types of thoughts include: *I can never afford this*, *This is too expensive*, *I'm going to run out of money*, or *How am I going to pay my bills this week?*

To help change those thoughts to positive, abundance-based thoughts, then carry whiskey quartz with you. For example, the second you catch yourself thinking, *How am I going to afford to pay this bill?* ... then change the thought to, *I have all the money I need to pay my bills.*

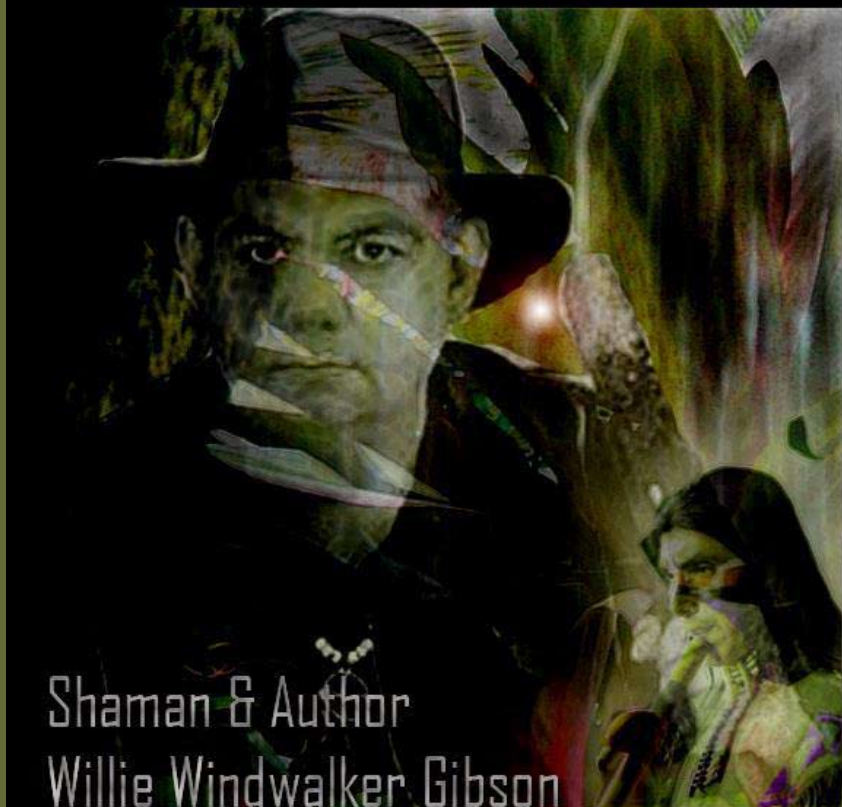
The whiskey quartz can help you catch yourself in those thoughts and change them from lack-based to abundance-based beliefs, thus changing negative beliefs about abundance to positive energy.

## Simbircite and Warm Energy

Simbircite is a gemstone formed from ancient ammonite fossils from Simbirsk, Russia. It's a combination of pyrite, aragonite, quartz, and calcite, and it has a beautiful, warm energy.

I love the open pyrite chambers and the incredible warmth of the golden calcite. It combines the quality of all of these gemstones and also brings with it warmth, happiness, and a deeply spiritual energy supporting self-esteem, creativity, and personal growth. ♦





Shaman & Author  
Willie Windwalker Gibson

WILLIE WINDWALKER GIBSON

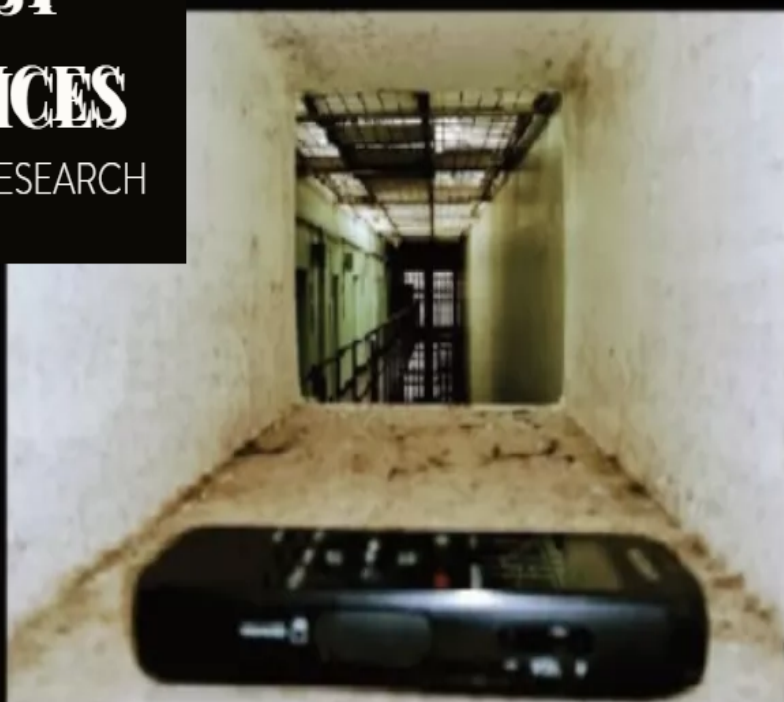
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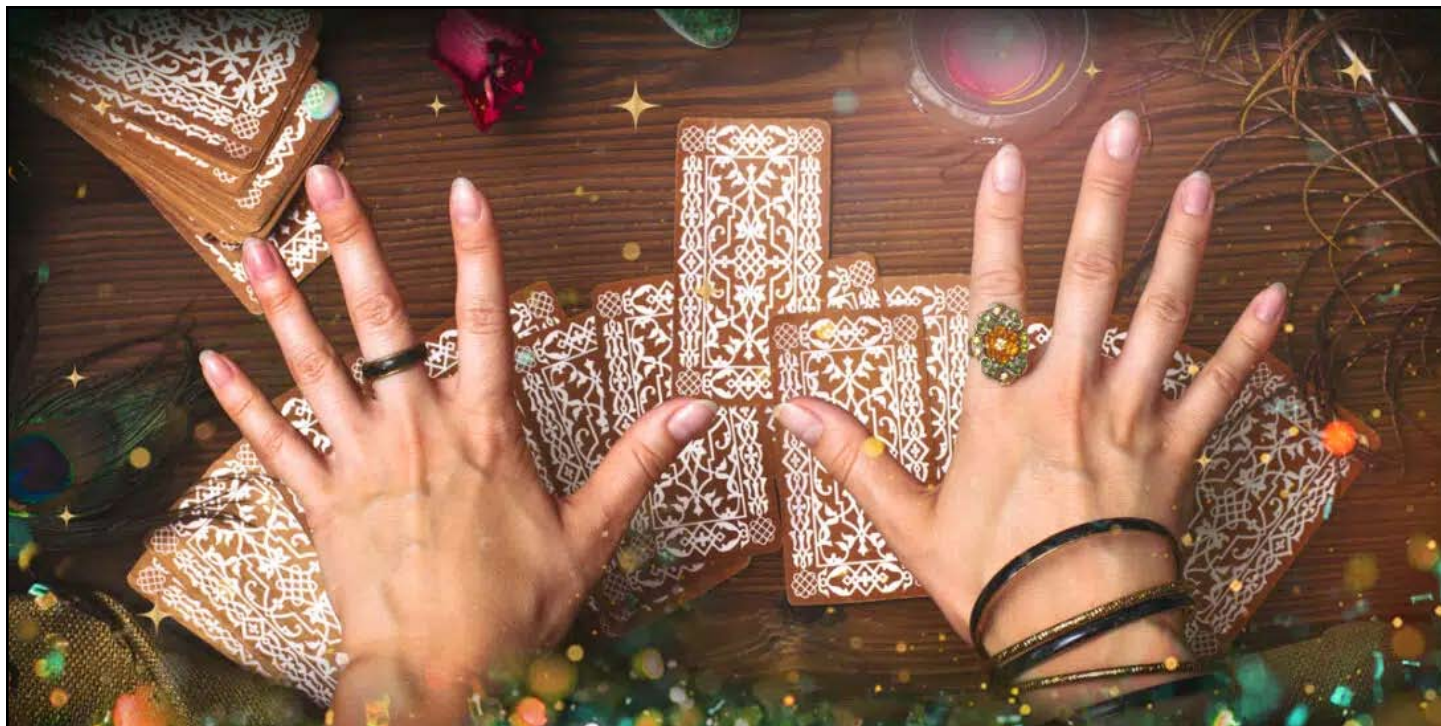
My name is Ann, & studying, researching, & investigating EVP is a passion of mine. What began as a hobby has become something so much more important!

LOST VOICES EVP RESEARCH is a site dedicated to the sharing of my findings, thoughts and theories.

I would love to hear from any like-minded enthusiasts out there so that we can discuss our projects.

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# Intro to Tarot



*By Dr. Athena Perrakis, Sage Goddess*

**W**hat exactly is the tarot? Simply put, a tarot deck contains 78 cards, each rich in symbolism, which can be worked with to gain clarity and insight into your daily life and spiritual journey.

Think of it as your personal mystical map guiding you through the chapters of your life and spiritual growth.

## **Where Did the Tarot Come From?**

One of my favorite things about the tarot is no one knows precisely where it came from, making it all the more mystical. Some metaphysical scholars believe it originated during the 1400s in Italy. While others say its origins come from ancient Egypt, containing the knowledge of Thoth, and still others in ancient India or China. All agree its original purpose was that of a game and form of entertainment.

It wasn't until the 1780s that divinatory meanings were assigned to the popular playing cards, led by French occultist Jean-Baptiste Alliette. From there, the tarot evolved into one of the world's most popular forms of divination, with literally thousands of different designs.

The Rider-Waite tarot cards, created by A.E. Waite and Pamela Coleman Smith, is the most popular and widely known and was published in December 1909. Regardless of where it originated, a proper tarot deck has 78 cards and is divided into two parts: the Major Arcana and the Minor Arcana.

## **What Is the Major Arcana?**

The Major Arcana are the 22 cards representing universal principles or significant life lessons and experiences. They usually are the more ornate and detailed cards of the deck. Every human being will experience and live these principles during their lifetime in multiple areas of their life. The cards themselves are a map of consciousness, one building on the next, and so forth.

The first half of the major arcana (The Fool - Wheel of Fortune) has to do with the principles of our external life, maturing, having a relationship, a career, and a family. The second half of the major arcana (Justice - The World) has to do with our internal development, soul growth, and karmic lessons. The Major Arcana encompass deep spiritual wisdom, such as:



- Major life lessons
- Shared archetypes
- The collective unconscious
- Experiences of all humankind
- Your spiritual journey

### What Is the Minor Arcana?

The 56 cards of the Minor Arcana are also known as the pip cards. There are four suits representing the four elements and how we live them in our day-to-day lives: Wands/fire/action, cups/water/emotion, swords/air/change, and disks/earth/work.

Each suit has 14 cards, ace through 10, and includes a set of four court cards: Page/beginnings, knight/movement, queen/advice, and king/power. The Minor Arcana contains commonplace wisdom that connects to daily life, including:

- Your conscious behaviors and actions
- Day-to-day experiences
- How you learn or block your life lessons (Major Arcana) in physical reality
- How you put your visions into physical form
- How you participate in your spiritual journey

### How to Choose and Care for Your Deck

Do you need to be gifted a deck, or can you purchase one yourself? As special as it is to be gifted a deck, selecting your own deck can be just as meaningful and just as powerful. Choose a deck that “speaks” to you, whether it be the art, the captions, the color, or the feeling it gives you. There’s no wrong way to choose — have fun with it! Once you select your deck, it’s always a good idea to clear it of any previous energies and connect it to your own.

- Smudge your deck by burning sage or other sacred herbs and passing it through the wafts of smoke.
- Place a piece of black kyanite on it (black kyanite is a powerful clearing, protective, grounding, and energizing gem).
- Set it in the moonlight to clear and energize it — especially under a full moon.
- Shuffling, percussion, and tapping your deck are also quick ways to clear energy.

Find a special way to store your deck for safekeeping. A gorgeous pouch, a silk cloth, or a special box is a great way to house your new deck — throw in a few of your favorite gemstones to keep it protected and energized, such as clear quartz, lapis lazuli, or amethyst.

I like to place my deck on my altar, surrounded by my favorite spiritual tools.

### How to Do a Reading With Your New Deck

Prepare yourself, your deck, and your space to receive spiritual wisdom. I love to burn sage or work with some of my favorite essential oils or gemstones to help me feel more grounded, centered, and ready to welcome in higher wisdom.



Next, shuffle and spread them out. My best advice is to keep it simple! You can do an in-depth reading with just a couple of cards. My favorite is a three-card spread: Past, Present, and Future.

Let your intuition be your guide. As you choose each card, you may feel some energy, it may catch your eye, or it could even pop out of the deck. Trust that the cards that are meant to be a part of the reading will make themselves known to you.

### How to Interpret the Cards

You don’t need to be an expert or psychic to interpret the cards. With a bit of study, you can do an amazing reading for yourself or others. If you’d like to learn more, there are thousands of books out there to help you with different spreads and interpretations. A couple of my favorite tarot authors are Rachel Pollack, Mary K. Greer, and Angeles Arrien.

However, rest assured you can do a meaningful reading without a book or the pamphlet included with the deck. Take a deep breath, become a Hollow Bone, and let the ancient wisdom flow through you freely. As you read your cards, think about:

- What is happening in the card?
- What are the colors telling you?
- What does the numerology tell you?
- What do the symbols mean to you?
- Is there a pattern?
- What story is coming across to you?

### Enjoy the Journey

Whether you are a beginner or a seasoned practitioner, the tarot is an ever-popular tool to tap into your intuition and the archetypes that live in the collective unconscious to gain clarity, insight, and wisdom about your life and spiritual journey. ♦

# UFOS & ALIEN VISITATION

By Willie Windwalker Gibson

I have had contact with UFOs since I was 10 years old. In my book, *The Shaman Windwalker*, I talk about playing in my back yard in 1965, when I saw a star in the sky.

I was by myself, and as I watched the star, it got bigger and bigger until it was over my head. It had changed into a large metallic thing that looked like a upside down bowl. And it had different-colored lights.

It was about 4 p.m. in the afternoon, as I watched it, there was a flash of light. All of a sudden, it was dark out. I walked into my house and found my mom and dad in the kitchen. Dad yelled at me, “Boy, where have you been? We’ve been looking all over for you for hours.”

I looked at the kitchen clock, which read 8 p.m.

I didn’t know what to say to them, except I went for a walk and lost track of time.

Dad sent me to my room. As I lay on my bed, a voice said to me in my head, “It’s OK, Willie.” I fell asleep.

The next day, I got up and went to the kitchen. My dad was sitting at the table reading the morning paper. He looked at me and said good morning. He then got up and went to work. Nothing was said about me being missing for four hours.

After that, for many years I continued to encounter UFOs. Many were saucer-shaped, some were pearl-shaped, and I’ve even seen cylinder-shaped UFOs. Through these UFO experiences, I had memories that began to come forth — I remembered encountering all types of extraterrestrial beings. Some were of meeting blue-gray aliens, while other memories were of meeting a humanoid named Adam.

Adam was from the Pleiades. Adam was very tall and had long, blonde hair and olive skin. He wore a



white jumpsuit. Memories of Adam set me at ease; he made me feel safe. I remembered that Adam talked of a federation of planets with different species and different dimensions: some good, some bad.

Adam assured me that we were being protected and that all of the different UFO sightings were the federation patrolling, as well as our own ships circling the globe.

I do believe that given the increasing amount of UFO sightings, there will be a landing soon for all humans to see. I just hope that they will be friendly. And if they are not, I hope we are prepared to protect our planet.◆



Rick Hale

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